From: Cheryl4Apex cheryl@cheryl4apex.org

Subject: Town Council Update from Cheryl - April 2020 Edition

Date: April 5, 2020 at 10:43 AM **To:** cmcramps@gmail.com

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Apex Town Council Improving Quality of Life for Our Community



Hello Neighbors and Friends -

As I write this month's newsletter, I know that everyone is faced with adjustments and transitions as we work together to flatten the curve and mitigate the impact of the coronavirus. I am grateful that a number of people are still employed and still have monthly incomes. On the other hand, I

know you join me with concern for the vulnerable children and adults in our communities as well as those who are significantly impacted by job loss, business closures, and school closures.

There are many heroes and sheroes in our midst, in addition to the spring beauty around us that echoes hope and promise for better days ahead. I am so appreciative of the many town employees who continue to keep our Apex government services running smoothly. We have as many employees working remotely as possible, but a number are still on the front lines every

day who work in our police, fire, public utilities, solid waste, parks operations, water/sewer and electric departments. Several citizens have provided meals for our town employees to show their appreciation for the service that continues to be provided. Town Council Members receive daily updates from Town Manager Havens or Assistant Town Managers Purvis or Stone on the status of town operations (and the impact of county, state, and federal decisions that could be impacting the residents of Apex as well).





I am also grateful for our health care workers, scientists, and the businesses that tirelessly work in stocking supplies so that we can be as comfortable as possible. Kudos to the restaurants who are providing take-out delivery services, and to the parents who are juggling work and on-line schooling. And to you, our residents, thank you so much for making face masks, donating food and other supplies, providing financial donations, running errands for those who cannot, encouraging one another through your networks, and addressing other needs that you see within our community – while at the same time - staying home as much as possible. We are in this together, and we will get to the other side of this together.

With Town Council news, we met briefly on March 17th to approve 3 weeks of paid caregiver leave for Town employees effective immediately. We also suspended any disconnections of water or electric services for those having difficulty paying these bills until May 12, 2020. We will re-evaluate this suspension as needed later in May. Additionally, we approved a remote participation policy for meetings of the Council so that essential business

can continue to be discussed and addressed as we move forward in the coming weeks. Staff was directed to develop a way that the public can participate in our meetings beginning April 21st. And remember, all Council meetings are livestreamed on YouTube.

Mayor Gilbert also acknowledged that we celebrated Women's History Month in March while we were in the midst of COVID-19 planning and preparations. He thanked the many women who serve our town in various ways.

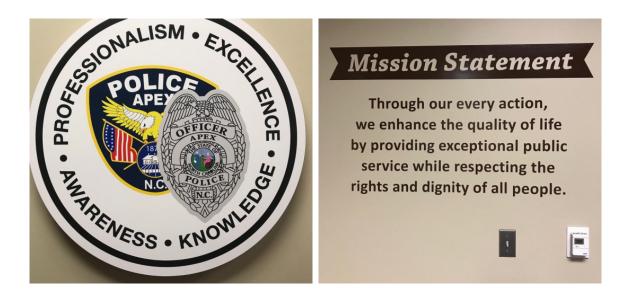




In case you have not heard, the Apex Police Department "Community Well-Check Program" was started recently as a program to help with the day-to-day safety and well-being of community residents who live alone in the city limits of the Town of Apex. The program is designed to provide additional support for seniors, persons with medical disabilities, or persons who have special needs. This program provides an automatic daily check by phone for the participant. If the participant does not respond to the automatic check by phone, the Apex Police Department will contact the emergency contact for the participant. If no contact can be made with the participant or their emergency contact, the Apex Police Department will dispatch an officer to the participant's address in an attempt to make contact with the participant to ensure they are safe.

For more information on how to register for this program go to: http://www.apexnc.org/1411/Community-Well-Check

Or by email at wellcheck@anexnc.org



And finally, listed below are several resources that may be helpful to you. Please share with your neighbors and friends. These resources have been compiled by our Town and County Staff, State Representatives Sydney Batch and Julie von Haefen, and mental health professionals. You can access more information on the Town and County government websites as well: www.apexnc.org and www.wakegov.com. If you need further assistance, please do not hesitate to contact me at cheryl.stallings@apexnc.org. Best wishes to you and yours in the coming days. Physically distancing, socially connected, we are Apex Strong. - Cheryl



Western Region Emergency Food Distribution Sites (all meals service is curb-side pick up only)

- First United Methodist Cary (117 South Academy Street, Cary NC) Lunch
 12:15p 1:15p Monday through Friday
 - Contact:StephaniePurdy-919-605-0860/spurdy@firstcary.com
- Chatham Forest Apartments (880 Glendale, Cary NC) Dinner 6:30p -7:30p
 Tuesdays and Thursdays
 - Contact:CharlynnePhillips-804-218-9495/charlynnephillips@gmail.com
- Apex First Baptist Church (419 South Salem Street, Apex NC) Dinner 6:30p-7:30p Monday through Friday, Lunch 12:00p 1:00pm Saturday (Plus non-perishable food distribution)
 - Contact:KimBragg-240-444-5870/madamedubragg@gmail.com
- Arbors of Cary (200 Wrenn Drive, Cary NC) Dinner 6:00p-7:00p Monday through Thursday
 - Contact: Britt Creech 919-395-1080/ brittanycreech@gmail.com
- BriarcliffElementary,(1220PondSt,CaryNC)TogoBREAKFASTandLUNCHschoolmeals Monday through Friday, 11:00p-1:00pm
 - Contact:StephanieWorkman–919-434-1354/kirksummerfoods@gmail.com
- Crosstimbers Apartments (900 Golden Horseshoe Circle, Morrisville, NC) –
 Lunch 12:00p 1:00p Monday through Friday
 - Contact:StephanieWorkman–919-434-1354/kirksummerfoods@gmail.com
- Kirk of Kildaire (200 High Meadow Dr, Cary NC) Lunch 12:00p 1:00p
 Saturdays and Sundays (Grocery distribution)
 - Contact:Stephanie Workman–919-434-1354/kirksummerfoods@gmail.com
- Wilson Temple UMC (Raleigh) (1023 Oberlin Road, Raleigh) Lunch 12:00p-1:00p Saturdays and Sundays
 - Contact: Michelle Jeutter(919-271-3344)/mjeutter61@gmail.com
- Holly Springs United Methodist Church (108 Avent Ferry Rd, Holly Springs, NC)
 Dinner6:30p 7:30p Monday Thursday
 - Contact:Stephanie Workman–919-434-1354/kirksummerfoods@gmail.com
- Chatham Estates Mobile Home Community (701 E Chatham Street, Cary NC)

Lunch 12:30p - 1:30p Monday through Friday

- Contact: Annie Oman–253-301-8849/omanae72@gmail.com
- Nottingham/Aurella Apt. Community (101 Harlon Drive, Cary NC) Dinner 5:30p—
 7:00p Tuesday, Wednesday, Thursday
 - Contact: Grace Jenkins 828-429-8350 / gracejenkins9@gmail.com
- Shangri La Mobile Home Community (811 Chickadee Lane, Apex, NC) Dinner
 6:30p 7:30p Monday through Friday Lunch 12:00p 1:00pm Saturday
 - Contact: Kim Bragg–240-444-5870/madamedubragg@gmail.com

OTHER FOOD DISTRIBUTION SITES IN THE REGION

HOPE COMMUNITY CHURCH

Offering a bag of basic, shelf-stable food items

Distribution sites Fridays from 12-3pm

Apex – 2080 East Williams, Apex
Raleigh – 821 Buck Jones Rd., Raleigh
Morrisville – 1000 Perimeter Pkwy, Morrisville
Garner - 2670 Timber Dr., Garner

WAKE COUNTY PUBLIC SCHOOLS IN THE WESTERN REGION Serving Lunch and Breakfast to-go

- 11:00am 1:00pm Monday Friday
 Reedy Creek Elementary, 940 Reedy Creek Rd, Cary
- Briarcliff Elementary School, 1220 Pond St., Cary (Distributing boxes of groceries on Fridays)
- Apex Elementary, 700 Tingen Rd, Apex NC
- Dillard Drive Elementary, 5018 Dillard Drive, Raleigh NC
- Athens Drive High School, 1420 Athens Drive, Raleigh NC

PANTRIES OPEN IN THE WESTERN REGION

DORCAS MINISTRIES

187 High House Rd Cary, NC 919-469-9861 Dorcascary.org

Food and Financial Assistance

CARY FIRST CHRISTIAN CHURCH

Food provided by Doherty's Irish Pub's PADDY WAGON (Food Truck)

1109 Evans Road, Cary - Lunch 11:45am - 1:30pm - Monday's Contact: Kat Gordon - 919-218-0624 pastor@caryfirst.org

WESTERN WAKE CRISIS

MINISTRY

1600 Olive Chapel Road Apex, NC 919-362-0657

Curbside Food Pantry Pickup Monday - Thursday 11:00am - 1:00pm

Other Emergency Resources Available 919-362-0657

How do I file a claim for unemployment insurance? Click DES

Loans and Funding Opportunities Due to COVID-19
Small Business Administration is providing Disaster Loan Assistance. Click here to read more.

Face COVID Video:

https://www.youtube.com/watch?v=BmvNCdpHUYM

Wake County Human Services Behavioral Health Resources:

http://www.wakegov.com/humanservices/behavioralhealth/outpatient/Pages/default.asp

From Psychologist Dr. Eileen Feliciano

http://www.sfu.ca/olc/blog/my-ssp/mental-health-wellness-tips-quarantine

Children's Comic to Understand COVID-19:

https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus.

Domestic Violence Assistance:

Interact https://interactofwake.org

https://safechildnc.org

Prevent Child Abuse NC https://www.preventchildabusenc.org



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